

My  
Dream  
Journal



[YourPowerToCreate.Com](http://YourPowerToCreate.Com)

*When and where did the dream take place?*



A series of horizontal dotted lines for writing, consisting of 20 lines spaced evenly down the page.







*places or events in the dream?*



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*Is there anything happening in your life that  
may have influenced the dream?*



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*What were your thoughts, reactions and feelings during the dream? If you don't recall, what were your first thoughts and feelings when you woke up?*



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*“Dreams are only thoughts you didn't have time  
to think about during the day.”*



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*“A dream that is not understood remains a mere occurrence;  
understood it becomes a living experience.” ~ Carl Jung*



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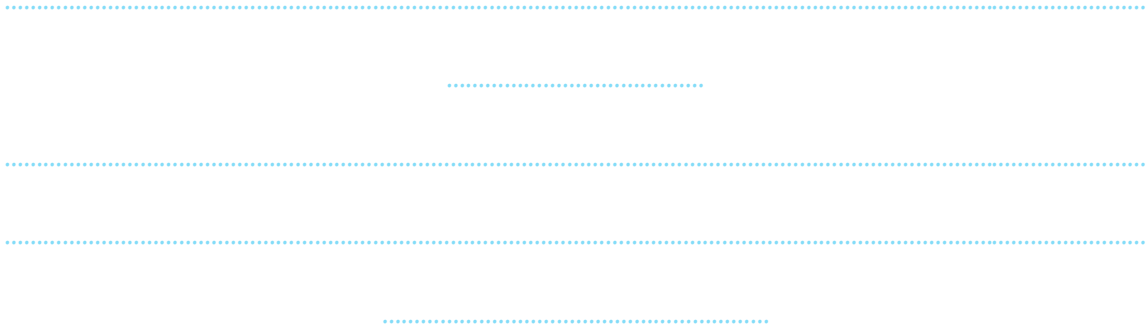
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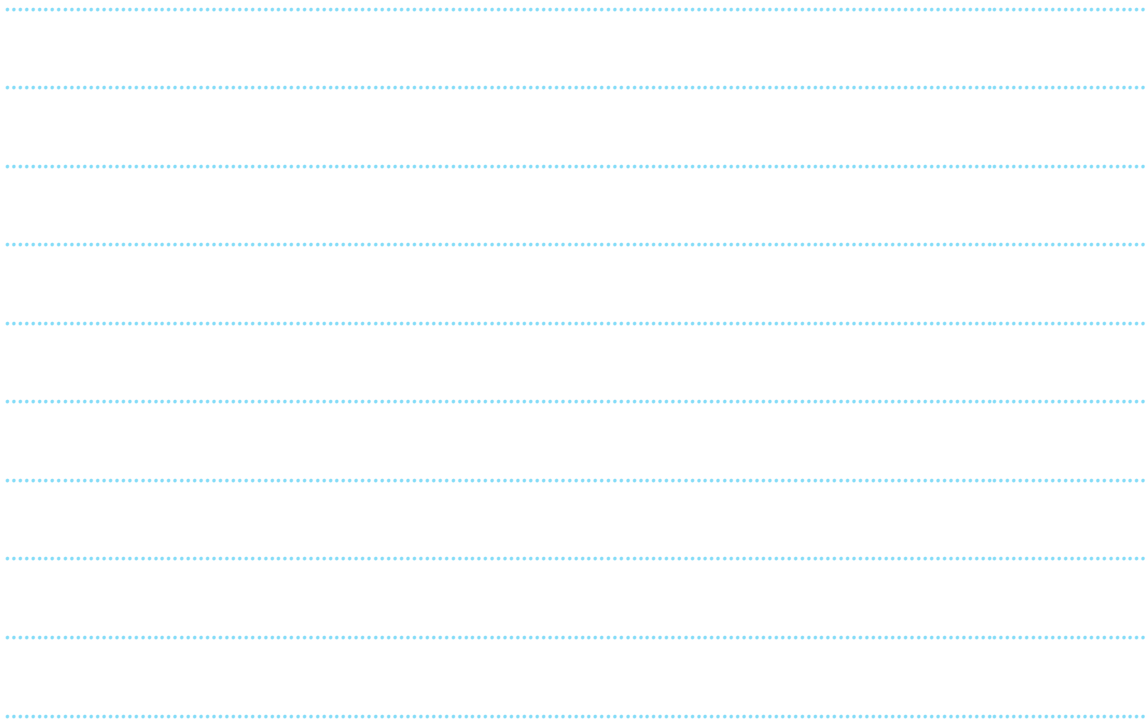






*“A nightmare is only a dream that hits turbulence.” ~ Terri*

*Guillemets*





















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*“The dream is the theater where the dreamer is at once: scene, actor, prompter, stage manager, author, audience, and critic.” ~*

Carl Jung



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*“I think we dream so we don’t have to be apart so long. If we’re in each other’s dreams, we can play together all night.” ~ Bill*

Watterson



A series of horizontal dotted lines, spaced evenly down the page, providing a guide for handwriting practice.









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