

Fast-Track to Stop Thinking Small - Worksheet

STUDY ABUNDANCE VS. SCARCITY

Were you surprised by the fact that even drinkable water is not scarce?

Study something you think is scarce in the world and prove it wrong. Describe it below.

Name your top three limiting beliefs and describe how you can turn them around.

PLAN YOUR FUTURE

What is your big dream for your life?

What are the first three steps you can take to get started now?

Plan to attend a networking event. Find at least two you can attend in the next year that will get you closer to your dream.

TEACH SOMETHING

You can teach something in five minutes. Make a short five-minute video to teach one thing to viewers.

For example, maybe you make the perfect chicken. How can you teach someone else to do that?

DEFINE YOUR NEXT STEPS

(ex. My goal is to earn 10K in one month, what do I need to do to do that?)

Step #1: (ex. Create a product worth \$197 dollars)

Step #2: (ex. Market the product to enough people to sell 51 of them within 30 days)

Step #3: (ex. Find ways to market product)

(keep going on another paper if needed)

DETERMINE LIMITING THOUGHTS THAT MAY ARISE TO HELP YOU AVOID THEM

Thought:

Change:

Thought:

Change:

Thought:

Change:

Thought:

Change:

Thought:

Change:

ADDITIONAL THOUGHTS
